

THE WIND

October 2026 • Serving the community of Meadow Oaks



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From the MOMA Board of Directors

Greetings from the Board!

It has been a relatively quiet month, with no new projects to report. The Board of Directors will hold its next meeting on October 19 at 7:00 p.m.

Since we have a little extra space in this edition, we would like to take this opportunity to remind residents about important fob safety and security rules and regulations.

3. SECURITY AND SAFETY: For the safety of all our residents and guests, security issues should be reported immediately to a MOMA Board Member and 911 called, as necessary. If you see something, please report it. Note that security cameras are strategically placed around the Recreational Facilities and Clubhouse.

Please use your key fob to enter the Recreation Facilities. When entering or exiting, you must make sure the door/gate is closed and locked behind you. This is so unauthorized users cannot gain access to any of the facilities.

The resident who signed for the key fob is solely responsible for the cost of repair or replacement for any damage caused by persons using their key fob, regardless of whether the key fob was used with or without their permission. Depending on the severity of the damage or rule violation, the MOMA Board of Directors may deactivate the fob and suspend all facility privileges for a period of thirty (30) days to permanently.

Anyone shoving, pushing, knocking down, or in any way attacking another resident, verbally or physically, will be per-

manently banned from the entire Clubhouse and recreational property and will have their key fob(s) deactivated.

Roller blading, skate boarding, or any like paraphernalia will not be permitted in any of the Recreational Facility areas. Please be respectful in common areas to give older residents with possible mobility issues the right of way.

No pets or animals, except for service animals, are allowed within the Recreational Facilities.

MOMA welcomes any suggestions for changes you may have for the Clubhouse or recreational property, but no person can undertake any of these changes without permission from the MOMA Board of Directors. This includes any structural or aesthetic change.

If you notice a problem in the community, please use the following contacts:

- Emergency situations: Call 911 immediately.

- Non-emergency situations: Call 727-847-8102 (Option 7) to reach dispatch. This line operates 24/7; you may need to let it ring several times.

- Potholes: Call 727-847-2411 (Pasco County main number). The operator will direct your call or take your report. You may also use the MyPasco app.

- Streetlight outages: Contact Withlacoochee River Electric at 727-868-9465. Please provide the address and the pole number located on the light.

- Contact information for MOMA Board Members and Village Presidents can be found in *The Wind*. Please do not use social media to contact Board

MOMA continued on page 2



\$10 per person • October 24th, 6-10 PM

It's that time of year again. Time to show off your creative costume designs. We're all looking forward to this year's event. Last year's costumes were outstanding, and we cannot wait to see what everyone comes up with this year. The event Cost: \$10, deadline to get tickets and sign up is October 19th. Our DJ is our very own George from Meadow Oaks. Come on out and let's have a Spooktacular time.

Interested in helping with decorating, cleanup, making snacks etc.? Then please attend the next MOET meeting on October 7th at 6:15 p.m. or call Lu at 727-514-1099.

Want to bring a ghostly treat to share? Mention it when you sign up. There will be a signup sheet at the club house. Tickets will be sold before and after bingo or by calling Lu at 727-514-1099, or call Brenda at 813-909-3756.



4th Annual Meadow Oaks Craft Fair
Date: Saturday, November 7th
Time: 9:00 AM - 2:00 PM
Location: Inside the Meadow Oaks Clubhouse

Come support your talented neighbors at our annual community craft event! Our neighborhood artisans will be featuring a fantastic variety of handmade goods and creative essentials, perfect

Craft Fair continued on page 5

MOMA Board of Directors

Chris Brenner - President
813-416-7144

John Crouse - Vice President
612-961-8479

Ed Kuss - Treasurer
716-387-2989

Julie Toske - Secretary
715-579-3116

Larry Schrieffer - Director
773-392-5493

Village Presidents

Castle Oaks

Tatiana Pagan 813-393-5791

Cypress Run

John Crouse 612-961-8479

Fairway Homes

Joan Murray 727-359-1117

Fairway Village

Edward Kuss 716-387-2989

Fairway Villas

Jonathan Kessell 727-389-6747

Greenside Village

Lee Shalosky 727-233-9570

Lakeside Village

Jerry Boyce 727-235-1190

The Reserve

Larry Schrieffer 773-392-5493

Woodview Village

Kevin Smith 727-859-5590



Meadow Oaks Nature Calendar 2027

At the upcoming Meadow Oaks Craft Festival on November 7th, Jim Lapp will have a table with 2027 calendars for sale. Calendars will feature various wildlife and nature photographs that have been shared on the Meadow Oaks Facebook page. Jim is in the process of selecting a printing vendor to determine pricing. A portion of each sale will be donated to the local SPCA.

Jim will post more info on the Meadow Oaks Facebook page as details become available. Jim can be reached directly at 727-858-1286 and jameslapp1776@gmail.com if you have any questions.

Clubhouse & Related Info

SCHEDULING MEETINGS

To schedule a meeting at the clubhouse, please send an email to meadowoaksbod@gmail.com. A MOMA representative will get back with you to set the date.

RENTING THE CLUBHOUSE

If you are interested in renting the clubhouse, send an email to: meadowclubhouse@gmail.com as soon as you know your date so that it can be reserved for you and added to the community calendar. The rental fee is \$200, payable by check or money order to MOMA. There is also a \$500 refundable cleanup deposit required. The clubhouse can only be used for personal use of Meadow Oaks residents.

A NOTE FROM THE WIND EDITORS

The *Wind* editors would like to thank everyone for their monthly submissions. While they help to advertise events happening within Meadow Oaks, they also provide valuable information and cohesiveness in the community. As a reminder, **all submissions are due by the 15th** of the month and should be sent to

thewindmo@gmail.com to ensure that proofing and printing deadlines can be met.

KEY FOB INFORMATION

Key fobs are needed to access the entrance to the clubhouse, pool, and tennis courts. If you are new to the Meadow Oaks Community, at the time of your appointment you will receive general information about the community and a tour of the recreation areas. If you would like a fob to use the community amenities, please send an email to: meadowoaksfob@gmail.com

Please do not give your fob to the people you sold your home to. If you are a new homeowner and received your fob this way, please report it so that we can get the correct information attached to the fob.

If you lose your fob, or find a fob, please report it to the above email address. If your fob is lost or damaged, you may get a new one for \$25.

If you need help with a fob for The Reserve gate, please contact Gail Dashner at Sentry Management, gdasher@sentrymgt.com



It would be great to offer a water aerobics class at Meadow Oaks! We need a person to lead it. If you are willing and able to coach a group of us in water aerobics please contact Mary Maloney via text at (708) 642-4405.

Note: If you have a submission for the Neighbors Helping Neighbors Wind, kindly email your submission to thewindmo@gmail.com by the 15th of the month.

MOMA continued members.

The Meadow Oaks landline number is 727-856-6426. General Meadow Oaks Master Association information, along with the community calendar and copies of *The Wind*, is available on our website: <https://meadowoaksmasterassociation.com>

Thank you for being great neighbors in a



Food Truck Menu this Month EVERY THURSDAY

October 1st - Yummy Thai & Beep Beep Ice cream

October 8th - Big Worley's BBQ and Burgers & Wicked Cookies

October 15th - 1 Up Burgers & Beep Beep Ice cream

October 22nd - Jamaica truck & Boba

October 29th - Spice Conner & Lenny Ice



A note from the publisher:

Thanks for Supporting the Advertisers Who Make This Publication Possible!

Just a note to thank our readers for patronizing the businesses in this publication and letting them know you saw their ad in *The Wind*. The advertisers make this free magazine possible to all the residents in Meadow Oaks.

Thanks again — Your friends at Sieber Graphics

Ongoing Weekly Activities

• **JUICE YOUR JOINTS**, Monday, Wednesday and Fridays 9-10 AM. Workout with Leslie Sansone video. This is a low to moderate intensity workout with no floor exercise.

• **YOGA with Cindy Monastar**, Mondays 10-11 AM. **ON SUMMER BREAK**. Sponsor: Gelsa Staley text to 727-597-0573.

• **YOGA with Lori Ann Lynde**, Wednesdays 5-6 PM.

• **SEW CRAFTY**, Wednesdays 6:15 PM. Sponsor: Mary Maloney text to 708-642-4405.

• **ADULT WATER VOLLEYBALL**, Wednesdays and Fridays 1-3 PM. Group communication is through TEAM REACH app. Please download the app and sign up with code: movolleyball. Sponsor: Billy Bob.

• **"HAND AND FOOT" CARDS**, Mondays 6:30 PM. Sponsor: funnybunnie70@yahoo.com.

• **DEALER'S CHOICE POKER**, Tuesdays 6-8:30 PM Quarter Ante. Sponsor: P.J. O'Connor 727-457-2772.

• **ADULT PICKLEBALL**, Tuesdays, Thursdays, Saturdays and Sundays 6:30 PM (All Levels) Sponsor: Lu Brown 727-514-1099.



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• **DOMINOS**, Tuesdays 1 PM. No Sponsor.

• **RUMMIKUB**, Thursdays 1 PM. No Sponsor.

• **TEXAS HOLD'EM**, Fridays 1-4 PM. Bunny 727-580-0872.



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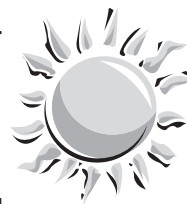
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MOET Committee Looking for Volunteers

Do you have a great idea for a fun activity for our community?
Do you have ideas on improving activities that have been held in the past?

Tired of sitting home evenings watching TV?

Want to make new friends and feel a part of something?

Join MOET (Meadow Oaks Entertainment Team).

The committee is always looking for fresh ideas.

Come to the next meeting on October 6 at 6:15, and be heard!

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Please join the Reserve at Meadow Oaks Community for our Community Wide Garage Sale on Saturday, October 24 from 8 AM until 4 PM.

Reserve Residents - Now is the time to clean out those closets and garages and get rid of anything you don't want. Nothing needs to be done if you are participating. Signage will be posted to direct people to our community.

Mark Your Calendars:

October

- Wednesday October 7. MOET meeting 7 PM
- Thursday October 8. Woodview Village BOD Budget Meeting 7 PM
- Friday October 9, Bingo 7 PM
- Thursday October 15, Fairway Villas BOD meeting 6:30 PM
- Monday October 19, MOMA BOD Budget Meeting 7 PM
- Wednesday October 21, Fairway Homes BOD Meeting 6:15-7:45
- Thursday October 22, Bingo 7 PM

– Saturday October 24, Reserve Community Garage Sale 8 AM - 4 PM

– Saturday October 24, Halloween Party 6-10 PM (Adults only)

November

- Saturday November 7 Fourth Annual Craft Fair 9 AM -2 PM
- Friday November 13, Bingo 7 PM

– Monday, November 16 Castle Oaks Annual Meeting, 6 PM

– Wednesday November 18 Fairway Villas Annual Meeting 6:30-8:30 PM

– Friday November 20 Paint and Pour Party 6-8 PM



Join us for fun evening!

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4th Annual Meadow Oaks CRAFT FAIR

HANDMADE ♥ CREATIVE ♥ LOCAL

Saturday, November 7th
9:00 AM – 2:00 PM

Inside the Meadow Oaks Clubhouse

Come support your talented neighbors at our annual community craft event! Our neighborhood artisans will be featuring a fantastic variety of handmade goods and creative essentials, perfect for kickstarting your holiday shopping.

Featured Items & Varieties Include:



Handcrafted Jewelry

Unique pieces, including custom cuff earrings.

Textiles & Yarn Arts

Beautifully crocheted items and sewn items such as tote bags.

Detailed Needlework

Expertly crafted embroidery items.

Seasonal & Paper Goods

Festive holiday crafts, greeting cards, and calendars.

Maker Essentials

A selection of unique craft supplies.



*Don't miss this wonderful day
of community, creativity, and shopping local!*

Let's Make Some MEMORIES AT THE FAIR

Craft Fair continued
for kickstarting your holiday shopping.

Featured Items & Varieties Include:

- Handcrafted Jewelry: Unique pieces, including custom cuff earrings.
- Textiles & Yarn Arts: Beautifully crocheted items and sewn items such as tote bags.
- Detailed Needlework: Expertly crafted embroidery items.
- Seasonal & Paper Goods: Festive holiday crafts, greeting cards, and calendars.
- Maker Essentials: A selection of unique craft supplies.

Don't miss this wonderful afternoon of community and creativity!

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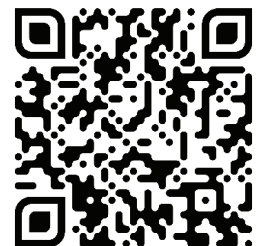


Laura Ruiz, MD is a board-certified Family Medicine physician who's passionate about helping older adults protect their health, independence, and quality of life through proactive, personalized primary care.

Dr. Ruiz earned her medical degree from the Universidad de Ciencias Médicas de La Habana and completed her Family Medicine residency at Texas Tech University, where she deepened her commitment to prevention, chronic disease management, and clear communication.

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Paint and Pour Party

November 20, 2026 - 6-8 PM ❄️ Ticket Costs \$20 - \$25



With hearts full of joy, we invite you to come join us for a Christmas themed Paint and Pour party. Let's gather for laughter, festive cheer, and special memories. To register and pay for the event, please contact Lu Brown (727) 514-1099. We look forward to seeing you there.

SLEIGH, SIP & PAINT!

Get ready for a festive night of painting, games, music, snacks & holiday fun! 11x14 Canvas — \$20 ❄️ 16x20 Canvas — \$25

Your ticket includes:

- ❄️ Christmas-themed painting ❄️ Fun holiday games
- ❄️ Christmas music ❄️ Snacks & treats
- ❄️ Christmas photoshoot + festive photo spot
- ❄️ Lots of laughs & good vibes!

Grab your friends and come paint, sip, & get merry!

Limited spots available — reserve yours quickly.

Paint it. Sip it. Sleigh it! Join the fun!



Something was Moving Inside His Helmet

A Maumelle High School football player in Arkansas had been practicing for close to an hour when he felt something shifting inside his headgear. He handed the helmet to a coach. Wedged under the padding was a live two-foot cottonmouth.



Animal services was called out on a report of a copperhead, according to KATV in Little Rock. The snake turned out to be a cottonmouth, also known as a water moccasin, which director Chris Davis rates the second most venomous snake in Arkansas behind the rattlesnake. It had burrowed so deep into the padding that officers finally poured water into the helmet to flush it out, then bagged it and released it away from the school. The player was never bitten. Athletic director Kirk Horton told the station the reaction among his staff was flat disbelief, and that he liked his odds in the lottery better than his odds of seeing that again.

Cottonmouths seek out dark, enclosed spaces, which is why the city animal shelter followed up with a reminder to check helmets, gloves, and shoes before putting them on.

The player picked out a different helmet and finished practice.

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Seafood has inspired devotees in nearly every corner of the globe. Unique flavors and versatility make seafood a go-to option in many households.

This Traditional Appetizer Also Makes a Great Entrée



Seafood can be the star of the night as an entrée, and it also makes for an ideal appetizer. In fact, some seafood appetizers are so popular that they have pivoted from serving as starters

to being the main course. Bacon wrapped scallops might be considered an appetizer, but this tasty recipe for “Scallops Wrapped in Bacon on Green Rice” from Lines+Angles also can make for a delicious dinner.

Scallops Wrapped in Bacon on Green Rice

Makes 4 servings

12 6-inch bamboo skewers, soaked in water for 30 minutes

For seasoning:

- 2 tablespoons sweet paprika
- 1 tablespoon salt
- 2 teaspoons onion powder
- 2 teaspoons garlic powder
- 2 teaspoons fresh ground black pepper
- 2 teaspoons dried thyme
- 2 teaspoon dried oregano
- 1 teaspoon cayenne pepper
- Fresh thyme, for garnish

For scallops:

- 12 large sea scallops, rinsed and patted dry
- 12 slices smoked bacon

For green rice:

- 1/2 cup chopped fresh cilantro, tightly packed
- 1 cup fresh stemmed spinach leaves, tightly packed
- 1 1/3 cups low-sodium chicken broth
- 1 1/3 cups milk
- 1 teaspoon coarse salt
- 1 tablespoon olive oil
- 3 tablespoon unsalted butter
- 1 1/2 cups long-grain rice
- 1/4 cup finely minced onion
- 1 clove of garlic, peeled and minced

1. Preheat oven to 375 F. Line a rimmed baking sheet with parchment paper.

2. In a small bowl, combine all the ingredients for the seasoning, mixing well.

Scallops continued on next page

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Scallops *continued*

3. Sprinkle each dried scallop with seasoning; set aside.

4. Arrange bacon strips on prepared baking sheet, bake for about 10 minutes, or until just beginning to brown and some of the grease is rendered. Bacon should still be soft and very pliable. Remove bacon from baking sheet and drain on paper towels to remove excess grease. Let cool for several minutes.

5. Wrap each scallop with one piece of bacon, securing it through the center with a bamboo skewer. Place on clean baking sheet. Bake until bacon is crisp and scallops are opaque, or about 8 to 10 minutes, turning once. Serve on a bed of green rice and garnish with fresh thyme.

For green rice:

1. Place cilantro, spinach, and broth in a blender and pulse until the vegetables are puréed. Add the milk and salt and blend until well combined.

2. In a medium, heavy-bottomed saucepan set over medium heat, heat the olive oil and butter. When the butter is melted, add the rice and sauté, stirring about every 30 seconds, until it just begins to brown, about 3 to 4 minutes. Add the onion and garlic and cook 1 minute longer, stirring constantly. Add the contents of the blender, stir well, turn the heat to high, and bring to a boil. Cover the pan, turn the heat to the lowest setting, and cook for 20 minutes. Stir the rice gently, cover, and cook another 5 minutes.

3. Remove pan from heat and let the rice steam in the covered pot for 10 minutes. Serve hot.

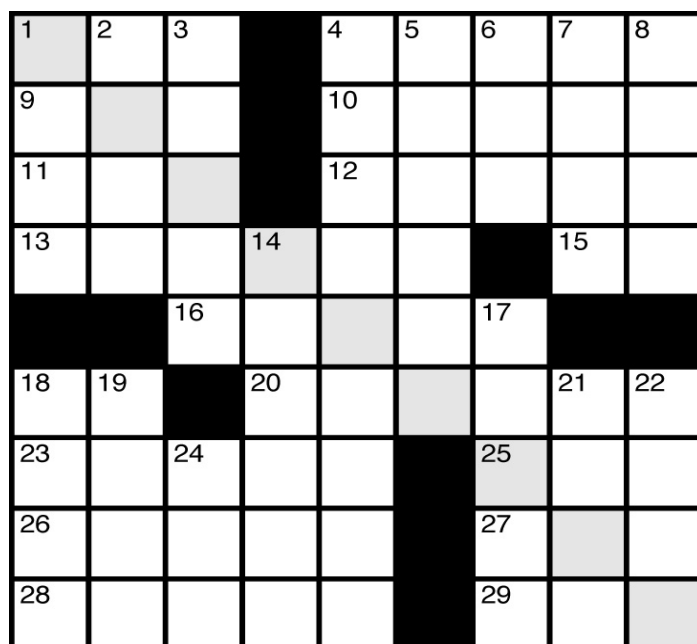
Spooky Halloween Place

Across

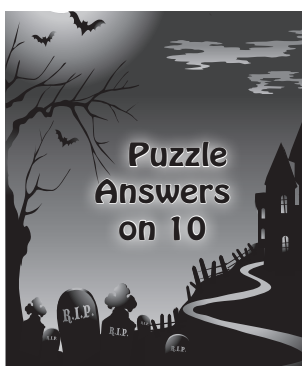
1. "Fancy that!"
4. Team
9. Usher's offering
10. Papal court
11. Fed. property manager
12. Lecherous
13. Dutch coin and currency unit
15. Chemical symbol for arsenic
16. Lascivious looks
18. Peruvian terrorist group of the 60s
20. Greek monster that lived near Charybdis
23. Moor
25. Order between "ready" and "fire"
26. Tidal bore
27. ___ Lanka
28. Horse carts
29. "We've been ___!"

Down

1. Comedian's stock
2. At one time, at one time
3. In-box contents
4. Screams
5. Prey
6. Samovar
7. "O patria mia" singer
8. "A Hard ___ Night"
14. Sacristy
17. Performer with Guns N' Roses
18. Cast off
19. Kind of jet
21. Former monetary unit of Italy
22. During
24. Khan



Headline is a clue to the word in the shaded diagonal.



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Issues That Can Arise from Poor Contact Lens Hygiene

Though it's hard to gauge how many people wear contact lenses, a 2022 study published in the journal PLOS One estimated 140 million people across the globe wear contacts. Individuals considering contact lenses are urged to speak with their eye doctors about lens hygiene, including the daily measures that must be taken to keep the lenses clean. When lens hygiene is poor, bacteria, fungi,



and parasites can cause pain and even damage to the eye that may not be revers-

ible. Recognizing issues that arise from poor contact lens hygiene may encourage wearers to make cleaning lenses part of their daily eye care routine.

• **Bacterial keratitis:** Is an infection of the cornea caused by bacteria. The cornea is the clear dome covering the colored portion of the eye. If left untreated, bacterial keratitis can lead to vision loss or blindness.

Contact lens wearers can be vulnerable to bacterial keratitis if they do not properly clean their lenses or if they keep them in overnight. Properly disinfect lenses each night and never top off solution. Used solution should be discarded and replaced, and lenses should never be stored or rinsed in water.

• **Corneal ulcers:** The Cleveland Clinic characterizes corneal ulcers as wound-like sores on the cornea. Infection is a common cause of corneal ulcers, and infection can occur when contact lens wearers wear their lenses for long periods of time, including overnight while sleeping. Swimming with contact lenses in also can increase the risk for corneal ulcers, as a particular family of parasites pose a major threat if wearers do not remove their lenses prior to swimming. If left untreated, corneal ulcers can cause permanent eye damage, low vision, and blindness.

• **Dry eye:** Occurs when tears cannot provide sufficient lubrication for the eyes. Wearing contact lenses is a risk factor for dry eye, which can create a stinging, burning or scratchy sensation in the eye and cause sensitivity to light. Stringy mucus in or around the eyes and eye redness also are hallmarks of dry eye. Dirty contact lenses or lenses worn past the time when they should be discarded can increase the risk for dry eye.

Contact lens wearers are urged to avoid overwearing lenses and to remove them at night before going to bed. In addition, adhering to daily hygiene recommendations offered by an eye care professional can reduce the risk of some potentially serious conditions.

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Puzzle Answers

D	A	H		S	A	V	R	D
I	R	S		E	R	G	A	E
M	I	A		H	A	T	E	H
A	L	L	Y	C	S		L	S
		S	R	E	R	L		
S	A		R	E	V	I	T	S
Y	D	N	A	R		A	S	G
A	I	R	U	C	M	R	A	
D	A	U	S		E	E		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 OCTOBER 2026				1 Rummikub 1:00 PM Food Truck 5-9 PM Adult Pickleball 6:30 PM	2 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM	3 Adult Pickleball 6:30 PM Private Event 
4 Adult Pickleball 6:30 PM Private Event	5 Juice Your Joints 9:00 AM "Hand & Foot" Cards 6:30 PM Adult Water Volleyball 6 - 8 PM	6 Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM	7 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM MOET Meeting 6:15 PM	8 Rummikub 1:00 PM Food Truck 5-9 PM Adult Pickleball 6:30 PM Woodview Village BOD Meeting 7 PM	9 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM  7:00 PM	10 Adult Pickleball 6:30 PM Private Event
11 Adult Pickleball 6:30 PM	12 Juice Your Joints 9:00 AM "Hand & Foot" Cards 6:30 PM Adult Water Volleyball 6 - 8 PM 	13 Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM	14 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM MOET Meeting 6:15 PM	15 Rummikub 1:00 PM Food Truck 5-9 PM Adult Pickleball 6:30 PM Fairway Villas BOD Meeting 6:30 PM	16 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM	17 Adult Pickleball 6:30 PM
18 Adult Pickleball 6:30 PM	19 Juice Your Joints 9:00 AM "Hand & Foot" Cards 6:30 PM Adult Water Volleyball 6 - 8 PM MOMA BOD Budget Meeting 7:00 PM	20 Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM Private Event	21 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM Fairway Homes BOD Meeting 6:15-7:45 PM	22 Rummikub 1:00 PM Food Truck 5-9 PM Adult Pickleball 6:30 PM  7:00 PM	23 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM	24 Adult Pickleball 6:30 PM Halloween Party 6-10 PM 
25 Adult Pickleball 6:30 PM 	26 Juice Your Joints 9:00 AM "Hand & Foot" Cards 6:30 PM Adult Water Volleyball 6 - 8 PM	27 Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM	28 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM	29 Rummikub 1:00 PM Food Truck 5-9 PM Adult Pickleball 6:30 PM	30 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM	31 Adult Pickleball 6:30 PM

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