

THE WIND

July 4th Happy Birthday America!
Happy Birthday America

INSIDE THIS ISSUE

Clubhouse Related Info.....	2
Upcoming Events & Meetings.....	3
Weekly Activities.....	3
Love Your Pet?	4
Calendar of Events..	INSERT

July 2026 • Serving the community of Meadow Oaks

For advertising call Sieber Graphics 727.868.9341

From the Meadow Oaks Board of Directors

Happy 4th of July to everyone. As we celebrate the 250th anniversary of the signing of the Declaration of Independence, we hope you are enjoying happy, healthy, and productive lives.

Now that we are in the thick of summer, when using the Meadow Oaks pool, please remember to follow the rules that are posted around the pool. No alcohol is allowed inside the pool fence. According to the Meadow Oaks Rules and Regulations:

NO SMOKING, GLASS CONTAINERS, FOOD, ALCOHOL, OR OTHER BEVERAGES are allowed inside the pool fence, except for water in a non-breakable container.

Also, **AGE RESTRICTIONS FOR ALL MEADOW OAKS FACILITIES.** Children under the age of 18 must be accompanied by an adult guest, guardian, or resident of Meadow Oaks. There must be one adult guest, guardian, or resident of Meadow Oaks for every three (3) persons under 18 years of age.

If you notice a problem in the community, please use the following contacts:

- Emergency situations: Call 911 immediately.

- Non-emergency situations: Call 727-847-8102 (Option 7) to reach dispatch. This line operates 24/7; you may need to let it ring several times.

- Potholes: Call 727-847-2411 (Pasco County main number). The operator will direct your call or take your report.

Board continued on page 2

Benefits of Blood Donation

- One donation can save up to 3 lives within 72 hours
- Men that donate 2x a year can reduce their risk of a heart attack/stroke by up to 80% over their lifetime.
- All donors have access to learn their blood type within days after donating (the only FREE way to find out your blood type)
- Donating blood can balance iron levels for those who have excess iron
- Blood donation stimulates blood cell production – continuous cell renewal rejuvenates your circulatory tract.
- Blood donation burns excess calories
- All donors receive a FREE health screening
- All donors blood gets tested for infectious disease and can catch hidden issues early



DONATE BLOOD

Meadow Oaks
Wednesday, July 1
1:00 PM – 4:30 PM

All donors receive*:
- \$20 eGift Card
- Big Red Bus T-shirt
- Wellness Checkup including blood pressure, pulse, temperature, iron count, and cholesterol screening.

Fact: Only 3% of those who are eligible actually donate blood.

Appointments are encouraged, please visit oneblood.org/donate-now and use sponsor code 35816

ID REQUIRED
*One offer per donor per donation. No cash value. Not transferable. Gifts may vary. For more information please visit oneblood.org/gifts

Donors Receive

\$20 eGift CARD Amazon and more!

– PLUS –

Big Red Bus T-shirt

– PLUS –

Wellness Checkup

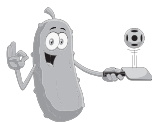
oneblood

Calling All Pickelballers!!

Please check the calendar for new times and days. We have added some weekend evening play times for those who are bored and want something to do.



Come out and meet new friends and get some fun exercise on the weekends. Paddles Up!!!



MOMA Board of Directors

Chris Brenner - President

813-416-7144

John Crouse - Vice President

612-961-8479

Ed Kuss - Treasurer

716-387-2989

Julie Toske - Secretary

715-579-3116

Larry Schrieffer - Director

773-392-5493

Village Presidents

Castle Oaks

Tatiana Pagan 813-393-5791

Cypress Run

John Crouse 612-961-8479

Fairway Homes

Joan Murray 727-359-1117

Fairway Village

Edward Kuss 716-387-2989

Fairway Villas

Jonathan Kessell 727-389-6747

Greenside Village

Lee Shalosky 727-233-9570

Lakeside Village

Jerry Boyce 727-235-1190

The Reserve

Larry Schrieffer 773-392-5493

Woodview Village

Kevin Smith 727-859-5590



A note from the publisher:

Thanks to Our Readers:

Just a note to thank our readers for patronizing the businesses in this publication and letting them know you saw their ad in *The Wind*.

The advertisers make this free magazine possible to all the residents in Meadow Oaks.

Thanks again —
Your friends at Sieber Graphics

CALL ME TODAY TO GET YOUR HOME SOLD!

I am a Meadow Oaks Resident...

It takes a neighborhood specialist who knows Meadow Oaks to get you the most money for your home.

Call me today for a **FREE** property evaluation.



*I will show you how I will sell
your home in today's market.*



Rameena Stromer, Broker

727-457-5926

rameena@stromergroup.com

www.StromerGroup.com



Board continued

You may also use the MyPasco app.

- Streetlight outages: Contact Withlacoochee River Electric at 727-868-9465.

Please provide the address and the pole number located on the light.

Contact information for MOMA Board Members and Village Presidents can be found in *The Wind*. Please do not use social media to contact Board members.

The Meadow Oaks landline number is 727-856-6426. General Meadow Oaks Master Association information, along with the community calendar and copies of *The Wind*, is available on our website: <https://meadowoaksmasterassociation.com>

Thank you for being great neighbors in a great community.

Clubhouse & Related Info

SCHEDULING MEETINGS

To schedule a meeting at the clubhouse, please **send** an email to meadowoaksbod@gmail.com. A MOMA representative will get back with you to set the date.

RENTING THE CLUBHOUSE

If you are interested in renting the clubhouse, send an email to: meadowclubhouse@gmail.com as soon as you know your date so that it can be reserved for you and added to the community calendar. The rental fee is \$150, payable by check or money order to MOMA. There is also a \$500 refundable cleanup deposit required. The clubhouse can only be used for personal use of Meadow Oaks residents.

A NOTE FROM THE WIND EDITORS

The Wind editors would like to thank everyone for their monthly submissions. While they help to advertise events happening within Meadow Oaks, they also provide valuable information and cohesiveness in the community. As a reminder, **all submissions are due by the 15th** of the month and should be sent to

thewindmo@gmail.com to ensure that proofing and printing deadlines can be met.

KEY FOB INFORMATION

Key fobs are needed to access the entrance to the clubhouse, pool, and tennis courts. If you are new to the Meadow Oaks Community, at the time of your appointment you will receive general information about the community and a tour of the recreation areas. If you would like a fob to use the community amenities, please send an email to: meadowoaksfob@gmail.com

Please do not give your fob to the people you sold your home to. If you are a new homeowner and received your fob this way, please report it so that we can get the correct information attached to the fob.

If you lose your fob, or find a fob, please report it to the above email address. If your fob is lost or damaged, you may get a new one for \$25.

If you need help with a fob for The Reserve gate, please contact Gail Dashner at Sentry Management, gdasher@sentrymgt.com



Want Business to Soar thru the Summer?

ADVERTISE in this and other local publications!

For details please contact Sieber Graphics
727.868.9341 • ads@siebergraphics.com

Ongoing Weekly Activities

- **JUICE YOUR JOINTS, Monday, Wednesday and Fridays 9-10 AM.** Workout with Leslie Sansone video. This is a low to moderate intensity workout with no floor exercise.
- **YOGA with Cindy Monastar, Mondays 10-11 AM.** Sponsor: Gelsa Staley text to 727-597-0573.
- **YOGA with Lori Ann Lynde, Wednesdays 5-6 PM.**
- **SEW CRAFTY, Wednesdays 6:15 PM.** Sponsor: Mary Maloney text to 708-642-4405.
- **ADULT WATER VOLLEYBALL, Wednesdays and Fridays 1-3 PM.** Group communication is through TEAM REACH app. Please download the app and sign up with code: movolleyball. Sponsor: Billy Bob.
- **"HAND AND FOOT" CARDS, Mondays 6:30 PM.** Sponsor: funnybunnie70@yahoo.com.
- **DEALER'S CHOICE POKER, Tuesdays 6-8:30 PM** Quarter Ante. Sponsor: P.J. O'Connor 727-457-2772.
- **ADULT PICKLEBALL, Tuesdays, Thursdays, Saturdays and Sundays 6:30 PM** (All Levels) Sponsor: Lu Brown 727-514-1099.
- **DOMINOS, Tuesdays 1 PM.** No Sponsor.
- **RUMMIKUB, Thursdays 1 PM.** No Sponsor.
- **TEXAS HOLDEM, Fridays 1-4 PM.** Bunny 727-580-0872.

Mark Your Calendars for These Upcoming Events & Meetings



JULY

- Wednesday July 1, Blood Drive 1:00-4:30 pm
- Thursday July 9, Food Truck 5-8 pm
- Friday July 10, Bingo 7:00 pm
- Wednesday July 22 Fairway Homes BOD Meeting 6:15-8:00 pm
- Thursday July 23, Ladies Bible Study 10:00 am - noon
- Thursday July 23, Food Truck 5-8 pm

-Thursday July 23, Bingo 7pm

-Wednesday July 29, Fairway Villas HOA Meeting 7:00-9:00 pm

AUGUST

- Friday August 14, Bingo 7pm
- Tuesday August 18, The Reserves BOD Meeting 7:00 - 8:30 pm
- Thursday August 20, Ladies Bible Study 10-12
- Thursday August 27, Bingo 7pm

Kenneth Hofbauer Drywall Ceiling Textures

Quality Work
Residential & Commercial
Drywall Installation
Painting
Wallpaper Removal
Popcorn Removal
Vinyl Ceilings
and More

727-819-8848

www.khdrywallcontractor.com

Licensed • Bonded • Insured
Since 1995 • Free Estimates
Lic. #LLD-009878



swigerlandscapes.com

727-776-6306

...because you can't compromise on quality.

Rates customized to fit your needs! • References Available

Mowing, Edging, Trimming & Blowing • Landscape Design & Installation
Removing, Installing and Shaping Shrubbery • Mulch and Rock Installation
Hedge Trimming & Small Tree Pruning • Planter Bed Weed Control

You Won't Believe the Prices!!!

Jewelry Jewelry Jewelry Decor & More

- 14K & 10K Gold
- Sterling Silver
- New Invicta Watches
- Designers Creations
- Swarovski
- Waterford
- Lenox
- Royal Doulton
- Llardo
- Estate Pieces
- Antiques
- Artwork

Somethin Special Inc.

8811 S.R. 52 Hudson, FL 34667

727-378-8266



Buying Estate Gold/Silver/Designer Jewelry

See All Our New Items
somethinspecialinc



**Bob's Reliable
HOME MAINTENANCE LLC**

SPECIALIZING IN:
Kitchen & Bath Remodeling
Tile • Vinyl Plank Flooring

blezark19@gmail.com
727-271-4307

Bob Lezark  Bob Reliable Home Maintenance

CLOSED SATURDAYS

Hudson AutoCare
8619 State Road 52
Family Owned & Operated

Complete Auto Repair • Electrical Service
Complete Exhaust Service • Air Conditioning Specialists

Hours: Mon.-Fri. 8-5 **868-2051** MV16691

LUBE, CHANGE OIL & REPLACE FILTER Includes Impact Fee, Up to 5 qts. Penzoil, Fluids & Tire Pressure Checked **\$39.95** + TAX



Love Your Pet? Make Sure Your Neighbors Do Too!

We all love our furry friends and having a dog is a good excuse to get out and get some steps in for both ourselves and our pets. It bears repeating, that while you are out enjoying your walk, please come prepared to clean up after your pet. Dogs must be walked on leashes at all times.

For their own safety, dogs or cats should not be allowed to roam off leash or unattended.

Additionally, there are some streets in Meadow Oaks that are privately owned and maintained by their residents. If you are walking your pet on these streets, you are there at the pleasure of its residents. While common courtesy should always be the rule, if you are trespassing in someone's yard or observed not cleaning up after your pet, you may be asked to leave.

This Italian Comfort Food Hits the Spot!

"Comfort food" is an umbrella term that refers to a wide array of dishes. For fans of Italian food, there may be no dish that fits the comfort food mold better than lasagna. Lasagna can be made with a wide array of ingredients, and each iteration of it qualifies as comfort food. That's certainly the case with this recipe for "Lasagna With Zucchini and Meat Sauce" from Lines+Angles.

Lasagna with Zucchini & Meat Sauce

Makes 9 servings



- 2 large zucchini, rinsed and trimmed
- Salt
- 12 dried lasagna noodles
- 1 pound ground beef
- 1 1/2 teaspoons ground black pepper
- 1 small green bell pepper, rinsed, trimmed and diced
- 1 onion, peeled and diced
- 8 ounces tomato paste
- 15 ounces canned tomato sauce
- 3 1/2 tablespoons red wine
- 2 tablespoons chopped fresh basil
- 1 tablespoon chopped fresh oregano
- 1 egg, beaten



- 2 cups low-fat ricotta cheese
- 2 tablespoons chopped fresh parsley
- 2 cups shredded mozzarella cheese
- 2 cups grated Parmesan cheese

1. Preheat oven to 325 F. Coat a deep 9 x 13-inch baking pan with nonstick cooking spray.

2. Slice zucchini lengthwise into very thin slices. Sprinkle slices lightly with salt; set aside to drain in a colander.

3. Bring a large pot of salted water to a boil over high heat. Add the noodles and cook until al dente, 8 to 12 minutes. Drain, immerse in cold water to cool

Recipe continued on next page

"Ask Your Neighbors... They Know Us!"

AMEN AIR INC.
AIR CONDITIONING & HEATING

(727) 862-5512

George Maniates, Founder/Vice President

Serving Pasco, Pinellas, Hillsborough & Hernando
Visit us at www.AmenAir.com

Mention this ad and receive a Quote at No Charge on Replacement of Equipment

**NO DIAGNOSTIC FEE
WITH ANY REPAIR**

DOES NOT COVER REFRIGERANT
Must present coupon at time of service.
Good thru September 2026

Goodman
Air Conditioning & Heating

LICENSED - BONDED - INSURED
State Lic. #CAC1813889

SUMMER SPECIAL!

\$179 **ANNUAL MAINTENANCE**

Reg. \$188.00
Includes 2 Visits
Good thru September 2026

Recipe *continued*

and drain again. Lay the noodles in a single layer on a baking sheet and cover with plastic wrap.

4. Meanwhile, in a large skillet, set over medium-high heat, cook and stir the ground beef and black pepper for 5 minutes. Drain excess grease from pan. Add in green pepper and onion; cook and stir until beef is no longer pink. Stir in tomato paste, tomato sauce, wine, basil, and oregano. If sauce is too thick, add a small amount of warm water. Bring to a boil; reduce heat and simmer sauce for about 20 minutes, stirring frequently.

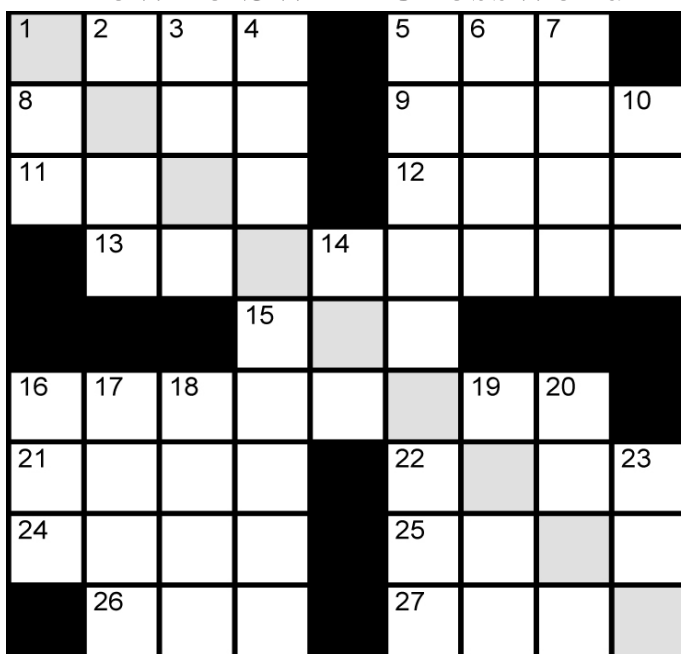
5. Meanwhile, stir egg, ricotta, and parsley together in a bowl and mix well.

6. To assemble lasagna, spread 1/3 of the meat sauce into the bottom of prepared pan. Then layer 1/3 of the cooked lasagna noodles, 1/3 of the zucchini slices, 1/2 of the ricotta mixture, 1/3 of the mozzarella cheese. Repeat the layers ending with a layer of zucchini followed by a layer of noodles. Spread Parmesan cheese evenly over the top; cover with foil.

7. Bake for 45 minutes. Remove foil; increase oven temperature to 350 F, and bake an additional 15 minutes. Let stand for 5 or 10 minutes before serving.

Tip: This may be assembled a day ahead. Refrigerate until ready to bake.

How to Swim Crossword



Across

1. Let go of
5. Everyone
8. Days of ____
9. Stare
11. Barely beat
12. Creche trio
13. Took gas out of a tank
15. ____ Solo of "Star Wars"
16. Opened, in a way
21. Window feature
22. Aroma
24. Chill
25. Lazily
26. "For ____ a jolly ..."
27. After curfew

Down

1. Blonde's secret, maybe
2. Fishing equipment
3. Bacchanalia
4. Found in doors
5. Used by massage therapists

6. Student aid
7. Balcony section
10. Youngster
14. "2001" computer
16. ____ Today
17. Approaching
18. Chimney channel
19. Icelandic epic
20. Airhead
23. "The Catcher in the ____"

PUZZLE ANSWERS ON PAGE 7



Kitchen & Bath REMODELING

*Your
Remodeling Specialists*

- Tile • Wood • Laminate • Carpet
- 6"-7" Seamless Gutters
- Painting & Pressure Washing
- Drywall Repairs & Texturing
- Trim Carpentry/Crown Molding
- Siding/Soffit & Fascia
- Interior & Exterior Doors
- PLUS MUCH MORE!



Interior & Exterior Remodeling

*Design, Remodel
& Reconstruct*

www.HomeResQInc.com

727-863-RESQ (7377)

Nick (Owner) 813-356-8411

Email: homeressq@gmail.com

Lic. #CBC1262949

**COME SEE OUR SHOWROOM
9529 SR 52 • HUDSON**

Jonathan Kessell



Realtor® • Meadow Oaks Resident
Let me assist you with New Homes, Resales & Leases

727-389-6747

Email: jkessell1957@yahoo.com

Charles Rutenberg Realty

1545 S. Belcher Rd.
Clearwater, FL 33764



www.FloridaNewHomeRealty.com

WILL I HAVE ENOUGH?

*Free Retirement
Readiness Report*



Ron Sieber

Independent Advisor

(813) 534-6040



Book a consultation
and secure your
retirement today
ron@planwithCGA.com





**HOME
RES INC.
REMODELING**

*Yeah,
We Fix That!*

Seamless Gutters

**Hand Cut Corners • 6" & 7"
Multiple Colors Available**

Office:
727-863-RESQ(7377)
Email: homeresq@gmail.com • Lic. #CBC1262949

Nick (owner):
813-356-8411
Visit us at HomeResQInc.com

RESIDENTIAL REAL ESTATE APPRAISALS

Trusts • Pre-Sale
Estate Planning • Divorce Settlements
Banking & Mortgage Needs

727-534-3652

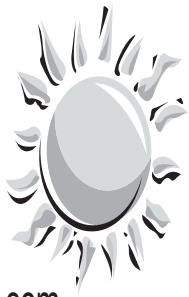
Jim Redmile, Cert. Res. RD5082
Redmile Appraisals, Inc.



Rapid Completion Guaranteed!

Colossians 3:23

Always Sunny Cleaning Co.



📍 Pasco, Hernando & Citrus

✉ AlwaysSunnyCleaningCo@gmail.com

☎ **727-326-5876 or 352-442-0590**

Free Quotes • Apartment • Home • Office
Licensed & Insured • Military & Senior Discounts



How to Combat Glare When Driving at Night

Driving at night differs from driving during the day for a number of reasons. Reduced visibility, which can be exacerbated by rain or other inclement weather, requires being extra diligent when scanning the roadways for potential hazards. The blinding glare from oncoming headlights, signage and street lights also can make driving at night challenging or downright uncomfortable.

Drivers frustrated by bright headlights while driving at night can rest assured that they're not alone. New data from a recent study from AAA revealed six in 10 drivers struggle with headlight glare, and nearly three-quarters of those said it has gotten worse over the last decade. Ninety-two percent of drivers said oncoming headlights, particularly on two-lane roads, cause the most issues. AAA spokesperson Mark Schieldrop said the problem stems from new headlight technologies and taller vehicle design.

So what can drivers do to mitigate glare when driving at night? That can be accomplished through various strategies.

• **Clean glass and mirrors.** Dust, oily films, streaks, and other debris on reflective surfaces scatter light. This magnifies the "starburst" effect of headlights. Cleaning mirrors and the windshield thoroughly can remove buildup. If the problem is caused by pitted glass, which occurs when sand and debris create tiny pits in ex-

terior glass over time, a professional polishing or replacement of the windshield may be necessary, according to Auto Glass Kings.

• **Adjust the mirrors.** Many rearview mirrors have a flip tab or an auto-dimming feature that is reserved for nighttime driving. Drivers also can angle side mirrors to minimize the reflection of lights from cars in the rear.

• **Look to the right.** Adjusting nighttime driving habits may help with glare. When an oncoming vehicle approaches, do not look directly at the headlights but gaze toward the white line on the right side of the road.

• **Dim the dash.** Interior lighting can compete with the dark road outside. Turn down the brightness of the instrument panel and any infotainment screens to help your eyes remain dilated for the dark conditions.

• **Get anti-reflective coatings.** Sometimes problems may stem from vision issues. Cataracts or dry eyes can worsen sensitivity to light, according to Johnson Laser Eye. Regular eye exams can help people recognize problems and come up with solutions, such as anti-reflective coatings on eyeglasses. Nighttime yellow-tinted lenses also may help.

Various strategies can help drivers combat glare and thus feel safer when behind the wheel at night.



Simple maintenance tips and strategies can ensure an HVAC unit provides ample relief come the dog days of summer.

HVAC Maintenance Tips to Keep Your Cooling Unit Running Strong

Upon the arrival of the dog days of summer, few things can be as welcoming as a cool home. Air conditioned interior spaces offer a much-needed respite from summer heat, but that relief is not guaranteed. Indeed, a summer heat wave can be just as taxing on an HVAC unit as it can be on people. But some simple pre- and in-season maintenance tips can go a long way toward ensuring an HVAC unit provides ample relief once the mercury rises.

- **Replace** the air filter. Prior to summer, replace the filter on your HVAC unit. Doing so ensures dust, dirt, and allergens won't affect the efficiency of the

unit. An inefficient HVAC unit will make it harder to cool the home, and that may force the unit to work harder, which in turn can lead to a higher energy bill.

- **Don't** forget the condenser. The condenser is the unit on the outside of your home. Over time, debris from the landscape, including dirt, grass, and leaves, can get inside the condenser and potentially affect the performance of the unit. While it's inevitable that some landscape debris will get into the condenser, routine checkups and removal of debris can ensure that the build-up is not excessive.

- **Lend** a hand inside. For people who live in areas where sum-

mer can get especially hot, there may come a point in time when even the most well-maintained HVAC unit can use a hand. Homeowners can take certain steps during heat waves to improve the efficiency of their HVAC unit with an eye toward saving money and preventing the unit from overheating. Closing curtains and blinds during times of day when the heat is peaking or particular rooms in a home are drenched in sun can naturally lower the temperature inside a home, thus alleviating the burden on the HVAC system. Ceiling fans also can be employed while the air conditioner is running to circulate cool air more effectively. That can prevent the HVAC unit from working extra hard to cool the home.

- **Take** a different approach to dinnertime. If you're accustomed to turning on the stove each night at dinnertime, recognize that doing so will increase the interior temperature of your home. As the temperature inside increases, the air conditioner will work harder to keep interior spaces cool and comfortable. That can be taxing on the HVAC unit and lead to higher energy costs. When it comes to dinnertime during the dog days of summer, consider cold dishes like salads and/or grilling so the stove can stay off as much as possible.

Over the last 36 years, which Kathy did you

Buy or Sell with?

YOU have choices...

Make the RIGHT ONE!

#1 Sales, Service and Satisfaction for more than 36 years!



COMPETITIVE RATES



BERKSHIRE
HATHAWAY
HomeServices

Kathy Despota

Realtor® CRB, CRS & e-Certified

cell: **727-992-2494**

office: **727-938-3590**

KathyDespota.com
TopAgent@kdespota.com



PUZZLE ANSWERS

E	L	A	T	S	H	
L	I	D	I	E	G	A
R	O	D	O	L	S	I
	D	E	D	L	O	N
			N	A	H	
D	E	N	O	H	P	S
I	G	M	A	G	E	D
K	O	L	O	R	E	
	A	L	L	P	R	O

COOLQUEST INC.

AIR CONDITIONING & ELECTRICAL SERVICES

#CAC 1814980

ALSO SERVICE APPLIANCES

#EC 13011677

RESIDENTIAL & COMMERCIAL

**Receive a
\$200-\$500
Rebate on a
New System!**

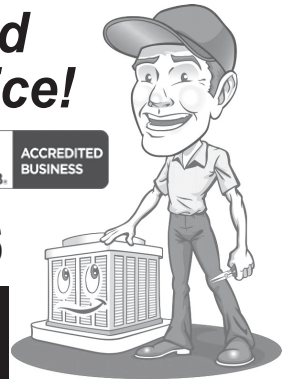
**Family Owned & Operated
with Over 20 Years of Service!**

Voted #1 Preferred Company in Pasco County



Free Estimates on Replacement Systems

**Discounts for Law Enforcement,
Active Military, Veterans & Seniors**



**FREE
SERVICE CALL**
with any repair

Must present coupon. • Expires 08/10/2026

**A/C 20 Point
Tune-up & Inspection**
\$29⁹⁵

Must present coupon. • Expires 08/10/2026



**100% SATISFACTION
GUARANTEED**

on Repairs & Tune-ups

24 Hour Service Available

All Repairs • 3 Yr Warranty

Call Now 727-859-0500

Visit our website at www.coolquest.com

