

THE WIND

April 2026 • Serving the community of Meadow Oaks

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Update from Your MOMA Board

On March 19, we held our MOMA Annual Meeting. At this time, two Board members have stepped down, leaving three members currently serving. We are pleased that one resident has already volunteered to join the Board, but we still need one more person to step forward.

A strong community depends on involved residents. Please consider volunteering – your participation truly makes a difference.

We extend our thanks to Dena Peterson and Joe James for their past work.

MOMA BOD for the next year:
 President: Chris Brenner
 Treasurer: John Crouse
 Secretary: Julie Toske

UPDATES:

Pool Area

New pool furniture will be delivered at the end of March. The current furniture will be available free of charge to any residents who would like it.

Clubhouse Improvements

- Gutter guards will be installed on all clubhouse gutters.
- New windows have been approved and will be installed this year at a cost of \$27,402.
- Door replacement is planned for next year.
- The installation of impact-rated windows may help reduce insurance costs.

Landscaping

Six new trees will be added to the Fairwinds median—two magnolias and four queen palms. Planting will take place after installation of the bubbler sprinkler system.

Recreation Enhancements

Two exploratory committees have been formed*:

- Pickleball court improvements
- Bocce ball court improvements

**The formation of these two exploratory committees, along with the exploratory Dog Park committee, does not mean the BOD approves or disapproves the action. It simply means someone has to do the legwork to see if the project is feasible. After that, input from the community will be requested before decisions are made for or against.*


If you notice a problem in the community, here are the appropriate contacts:

- Emergency situations: Call 911 immediately.
- Non-emergency situations: Call 727-847-8102 (Option 7) to reach dispatch. This line operates 24/7. You may need to allow it to ring several times.
- Potholes: Call 727-847-2411 (Pasco County main number). The operator will direct your call or take your report. You may also use the MyPasco app.
- Street light outages: Contact Withlacoochee River Electric at 727-868-9465. Please provide the address and the pole number located on the light.

Contact information for MOMA Board Members and Village Presidents can be found in *The Wind*. Please do not use social media to contact board members.

The Meadow Oaks landline number is 727-856-6426. General Meadow Oaks Master Association governing informa-

For Woodview Village Board News see page 2



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Hippity Hoppity

Easter Egg Hunt – April 4th

Don't Forget Your Basket for the Eggs!

Easter Egg hunt is April 4th at 3:00 PM. Please make sure your child is signed up by April 1st to participate in the hunt. Please make sure you bring your own basket to put your eggs in.

There will be a surprise visit by the Easter Bunny and there will be fun games and prizes to win as well as refreshments.

Contact Brenda 813-909-3756, Raquel 419-656-1701, or Lu 727-514-1099.



tion, along with the calendar and copies of *The Wind*, is available on our website at: <https://meadowoaksmasterassociation.com>
 Thank you for being great neighbors in a great community.

MOMA Board of Directors

Chris Brenner - President
813-416-7144

John Crouse - Treasurer
612-961-8479

Julie Toske - Secretary
715-579-3116

Village Presidents

Castle Oaks

Tatiana Pagan 813-393-5791

Cypress Run

John Crouse 612-961-8479

Fairway Homes

Joan Murray 727-359-1117

Fairway Village

Edward Kuss 716-387-2989

Fairway Villas

Jonathan Kessell 727-389-6747

Greenside Village

Lee Shalosky 727-233-9570

Lakeside Village

Jerry Boyce 727-235-1190

The Reserve

Larry Schrieffer 773-392-5493

Woodview Village

Kevin Smith 727-859-5590

Clubhouse & Related Info

SCHEDULING MEETINGS

To schedule a meeting at the clubhouse, please **send** an email to meadowoaksbod@gmail.com. A MOMA representative will get back with you to set the date.

RENTING THE CLUBHOUSE

If you are interested in renting the clubhouse, send an email to: meadowclubhouse@gmail.com as soon as you know your date so that it can be reserved for you and added to the community calendar. The rental fee is \$150, payable by check or money order to MOMA. There is also a \$500 refundable cleanup deposit required. The clubhouse can only be used for personal use of Meadow Oaks residents.

A NOTE FROM THE WIND EDITORS

The Wind editors would like to thank everyone for their monthly submissions. While they help to advertise events happening within Meadow Oaks, they also provide valuable information and cohesiveness in the community. As a reminder, **all submissions are due by the 15th** of the month and should be sent to

thewindmo@gmail.com to ensure that proofing and printing deadlines can be met.

KEY FOB INFORMATION

Key fobs are needed to access the entrance to the clubhouse, pool, and tennis courts. If you are new to the Meadow Oaks Community, at the time of your appointment you will receive general information about the community and a tour of the recreation areas. If you would like a fob to use the community amenities, please send an email to: meadowoaksfob@gmail.com

Please do not give your fob to the people you sold your home to. If you are a new homeowner and received your fob this way, please report it so that we can get the correct information attached to the fob.

If you lose your fob, or find a fob, please report it to the above email address. If your fob is lost or damaged, you may get a new one for \$25.

If you need help with a fob for The Reserve gate, please contact Gail Dashner at Sentry Management, gdasher@sentrymgt.com

From the Woodview Village Board of Directors

Woodview Village attempted to hold its Annual Meeting on March 12; however, a quorum of residents was not reached, so the meeting could not be conducted. Instead, the residents who attended participated in a town hall discussion where general questions were asked and answered. An organizational

meeting of the Board was held afterward.

Carol Drummond has submitted her resignation from the Board. We sincerely thank Carol for her many years of dedicated service to Woodview Village and MOMA. Her contributions to our community have been greatly appreciated, and we are

pleased that she will continue to remain an active member of the Woodview Village community.

Byron Taylor volunteered to fill the vacancy on the Board, and his appointment was approved.

The Board positions for the next year are:

President – Kevin Smith

Vice President – Byron Taylor
Secretary – Anthony Salute
Treasurer – Pat Rudofski
Director – Julie Toske

The next Woodview Village Board of Directors meeting will be held on June 11 at 7:00 p.m. All residents are welcome and encouraged to attend.



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Part-Time Office Assistant Wanted

The Meadow Oaks Master Association is seeking two residents to share a part-time Office Assistant position. This role helps support daily office operations and provides assistance to residents and new homeowners.

Position Details

Pay: \$15 per hour Schedule: Approximately 2 hours per day, 3 days per week Proposed Office Hours: Tuesday mornings, Thursday evenings, Saturday mornings

The position will be shared by two individuals, and hours may be arranged between the two employees. A work schedule must be coordinated at least one month in advance.

Primary Responsibilities:

Schedule office appointments and tours of community facilities for new homeowners Assign and manage FOB access Schedule clubhouse rentals Answer phone calls and return voice messages in a timely manner Perform general office duties Use basic computer programs for word processing and record keeping Update the community website calendar (training will be provided)

Required Skills:

Basic computer and word processing skills Good organization and communication skills Ability to manage scheduling and respond to resident inquiries Dependable and able to work independently

Requirements:

Applicants must be residents of Meadow Oaks. A simple resume is required. If you are interested in this position, please email your resume to: meadowoaksbod@gmail.com

Come out and play!

Sports Day • April 11th • 11 a.m. - 2 p.m. • BYOB \$5 pizza and water provided

Do you enjoy sports or have always wanted to give them a try? Well, we've got just the event for you! Join us at the clubhouse on April 11th from 11 AM to 2 PM (or until everyone is done) for an exciting day filled with both indoor and outdoor games. This is a wonderful opportunity to meet your neighbors, have some fun, and maybe even learn something new.

Indoors, you can enjoy games like pool, ping pong, putterball, and the Ultimate Paddle game. A suggestion has been made to do "a day at the races", we have the horses we just need help to organize it. If you prefer being outside, we have pickleball, bocce ball, corn hole, and shuffleboard. We're also looking for people who know how to organize a tournament, so if that's you, we'd love your help! Please contact Brenda 813-909-3756 or sign up in advance with a contact number and we will reach out.

If you have any other fun games you'd like to share, please bring them along. We'll have sign-up sheets at the clubhouse, including spots for tournament organizers. A \$5 donation is appreciated to help cover the cost of pizza and water, and as always, our events are BYOB.

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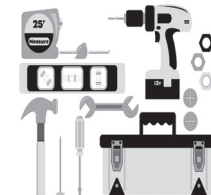


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Front Entrance Committee Does It Again!

The fence on the north side of SR 52 and Sugar Creek Boulevard has been repaired and freshly painted. What a difference a coat of paint—and a little elbow grease—can make!

While you're passing through the intersection, take a look at the garbage along both sides of Sugar Creek Boulevard near SR 52. Unfortunately, people throw trash out of their car windows every day. Fortunately, nearly every day a volunteer picks it up. Just imagine what the entrance to our community would look like without these volunteers.

The Front Entrance Committee is an all-volunteer organization, and its work depends entirely on donations from residents. Their efforts help keep our entrance clean, mowed, watered, attractive, and welcoming.

If you would like to support their work, please consider making a donation. Flyers with additional details were included in the February and March issues of *The Wind*. If you no longer have the flyer, you may send a check payable to:

Sugar Creek Entrance Association
12812 Balsam Ave.
Hudson, FL 34669

Thank you for helping keep our community looking its best.



Laura Ramondetta, Volunteer

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The Meadow Oaks Master Association Board of Directors (BOD) voted to form a committee for the purpose of researching the best location, cost, size, rules and liability of installing a community dog park. We currently have three members that are willing to serve on the committee. We are asking for additional volunteers and someone to head up the committee, to help as there is significant research and information that must be gathered to propose a solution to the BOD.

If you are interested in serving on this committee, please come to the meeting on April 11th at 2:00. Questions or cannot make meeting contact Kevin Smith or Brenda Martens at woodview president@gmail.com or martensbren@icloud.com, 813-909-3756. Community input is the only way this project gets approved and funded!

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A note from the publisher:
Thanks for Supporting the Advertisers Who Make This Publication Possible!

Just a note to thank our readers for patronizing the businesses in this publication and letting them know you saw their ad in *The Wind*.

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Let's Get Physical and Have Fun!
Meadow Oaks Community offers plenty of ways for residents to stay active while having a great time!

- Juice Your Joint Walkers log 3 miles each session—all within the comfort of the air-conditioned clubhouse.
- Yoga provides gentle stretching along with relaxing, stress-relieving meditation. You'll feel better from head to toe after every class.

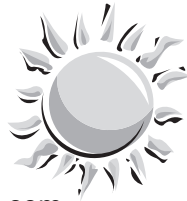
- Water Volleyball is packed with fun and delivers a fantastic workout.
- Pickleball continues to be a community favorite, with friendly players always ready to welcome newcomers.

You can find days and times for all activities in *The Wind*.

We'd also love to expand our offerings by adding water aerobics! If you're interested in volunteering to lead a class, please reach out. Contact Mary Maloney via text at 708-642-4405. Come join the fun, meet your neighbors, and stay active!



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Upcoming Events & Meetings

Mark Your Calendars!

APRIL

- Thursday, April 2nd 3:00 - 5:30 PM **Blood Drive**
- Saturday, April 4th 3:00 - 5:00 PM **Easter Egg Hunt**
- Friday, April 10th, **Bingo** 7:00 PM
- Saturday, April 11 **Dog Park Exploratory Committee meeting** 2:00 PM
- Saturday, April 11th, **Sports Day** 11:00 - 2:00 PM
- Wednesday, April 15, **Fairway Villas BOD meeting**, 7:00 PM
- Tuesday, April 21 **The Reserves BOD meeting** 7:00 PM
- Wednesday, April 22 **Fairway Homes BOD meeting** 6:15 - 8:30 PM
- Thursday, April 23, **Bingo** 7PM

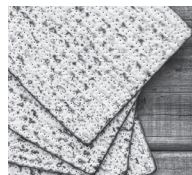
Mark Your Calendars!

MAY

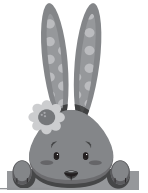
- Friday May 8, **Bingo** 7:00 PM
- Thursday May 28, **Bingo** 7:00 PM

Matzah

features prominently in Passover celebrations. When the Israelites were fleeing Egypt after Pharaoh released them from slavery, the bread they took along had no time to rise. The result was a flattened cracker called matzah. In addition to eating matzah as their bread source throughout Passover, Jewish families hide a piece of matzah called the afikomen to find at the end of the Seder. A piece of matzah cracker is broken in half. One portion is enjoyed through the Seder rituals and the other is the "desert" that will be eaten at the end



Ongoing Weekly Activities



- **JUICE YOUR JOINTS, Monday, Wednesday and Fridays 9-10 AM.** Workout with Leslie Sansone video. This is a low to moderate intensity workout with no floor exercise.
- **YOGA with Cindy Monastar, Mondays 10-11 AM.** Sponsor: Gelsa Staley text to 727-597-0573.
- **YOGA with Lori Ann Lynde, Wednesdays 5-6 PM.**
- **SEW CRAFTY, Wednesdays 6:15 PM.** Sponsor: Mary Maloney text to 708 642-4405.
- **ADULT WATER VOLLEYBALL, Wednesdays and Fridays 1-3 PM.** Group communication is through TEAM REACH app. Please download the app and sign up with code: movolleyball. Sponsor: Billy Bob.
- **"HAND AND FOOT" CARDS, Mondays 6:30 PM.** Sponsor: funnybunnie70@yahoo.com.
- **BIBLE STUDY, Thursdays 9:30-12.**
- **DEALER'S CHOICE POKER, Tuesdays 6-8:30 PM** Quarter Ante. Sponsor: P.J. O'Connor 727-457-2772.
- **ADULT PICKLEBALL, Tuesdays and Thursdays, 6:30 PM and Saturday 8:30 AM (All Levels)** Sponsor: Lu Brown 727-514-1099.
- **DOMINOS, Tuesdays 1 PM.** No Sponsor.
- **RUMMIKUB, Thursdays 1 PM.** No Sponsor.
- **TEXAS HOLDEM, Fridays 1-4 PM.** Bunny 727-580-0872.

and conclude the ceremony. Hiding the afikomen helps ensure that children stay engaged until the end. Once found, the piece of matzah may be redeemed for a small gift.

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Surviving Seasonal Allergies



Rising temperatures and the reemergence of wildlife make spring a popular time of year. But the blooming flowers and blossoming trees of spring may not be a wonder to behold for seasonal allergy sufferers. Trees, flowers and grasses are ripe with pollen this time of year, which can produce a bevy of symptoms for people with seasonal allergies.

The Asthma and Allergy

Foundation of America says more than 106 million people in the United States have allergies and/or asthma. Coping with allergies often comes down to a multi-pronged approach that may involve medication and lifestyle changes.

The Mayo Clinic says that oral antihistamines (particularly non-drowsy, second-generation options) combined with nasal steroid sprays can reduce

inflammation and congestion and alleviate sneezing, itchy noses and eyes. Decongestants can offer temporary relief of nasal congestion, while saline nasal sprays and rinses can help wash out pollen and mucus.

Individuals can modify their activities by avoiding the outdoors when allergens are very high. When coming in from outdoors, remove clothing and launder it right away to keep allergens from transferring to furniture and bedding. When pollen counts are high, windows and doors should remain shut and HVAC systems should be run with a fresh filter to help mitigate any allergens already in the air. Allergy sufferers also can look into a HEPA room air filter to clear indoor air even more.

Should over-the-counter options and lifestyle changes prove ineffective, seek medical advice. This is especially true if allergies cause intense sinus pressure, difficulty breathing or wheezing. Long-term or pre-

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scription treatments like immunotherapy could be the next step to find relief.



Mardi Gras Night in February

On February 17th, we had our annual "Fat Tuesday" Mardi Gras night. There were beads, masks, Hurricane drinks and fun for all. George did a great job with the music – Dixieland to dance music! The night was filled with fun and laughter. If you missed it, come out and join us next year for lots of fun and good food. Thank you to all the volunteers who made the night even more special.



More Mardi Gras Photos on next page



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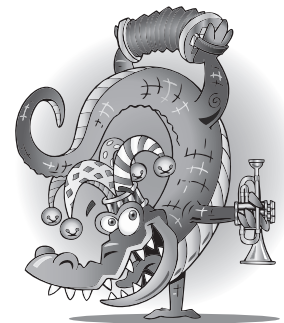


Did you know?



People have been increasingly spending a considerable amount of time on devices. ZipDo Education reports indicate the average person spends about seven hours per day looking at screens. Adults in

Screentime continued on next page



Come out to our next social event & have a good time!

ScreenTime

continued

the United States may be using their screens even more, averaging between seven and 8.5 hours daily across all devices. A Reviews.org report titled "Screen Time and Internet Usage 2025" says that screen exposure is even higher when factoring in both work and entertainment. When adding those variables, Americans may be spending in excess of 12 hours per day on screens. Digixie, an SEO firm based in India, says young adults (Gen Z) spend the greatest number of hours on screens, averaging around nine hours per day.

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Pickleball has exploded in popularity in recent years. Devoted players may not realize it, but pickleball was created in 1965 as a backyard pastime by three dads: Joel Pritchard, Barney McCallum and Bill Bell. The Sports & Fitness Industry Association says around 19.8 million people played pickleball in 2024. It's also the fastest-growing sport in the United States for the fourth consecutive year.

Health Benefits of Pickleball

While pickleball can be fun and is generally considered to be less intense than tennis, the sport's staying power also can be attributed to the significant health benefits it offers. The combination of social interaction, cognitive impact and aerobic exercise make pickleball a particularly beneficial activity. Here is a deep look at the many health benefits of pickleball.

- **Helps heart health:** The Journal of Functional Morphology and Kinesiology has found that middle-aged and older adults who played pickleball one hour per day, three days a week for six



weeks saw significant improvements in blood pressure, cholesterol levels and cardiorespiratory fitness.

- **Burns calories:** Players can burn between 400 and 600 calories per hour playing pickleball, says the National Institutes of Health. Research shows that

playing doubles pickleball results in 36 percent more calories burned than taking a leisurely walk. Also, pickleball doubles often match or exceed the calorie burn of tennis doubles because rallies tend to be longer with less down time.

- **Lowers stress levels:** The more people play, the better they feel from a mental perspective. The NIH reports a 2025 study of more than 1,700 players found that playing three or more times a week was linked to significantly higher mental well-being scores. This exercise can trigger endorphin release and lower cortisol levels.

- **Boosts the brain:** Pickleball stimulates cognitive function because the game features fast-paced strategy and requires thinking on your feet. Plus, the fast pace often induces a "flow state," which is a mental zone where players are so focused they lose track of time, which helps to reduce anxiety.

- **Combats loneliness:** Pickleball is a social sport, with new centers and leagues popping up each year. That makes it easy for players to make new friends through the sport.

- **Promotes physical agility:** Pickleball can be a tool for maintaining independence through physical agility. Baptist Health says pickleball can help improve balance and stability in seniors. Because pickleball is a weight-bearing sport, it also helps strengthen bones and muscles.

Pickleball is all the rage and a great way for players to have fun and boost health in the process.

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FREE ESTIMATES **727-862-2562**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>APRIL 2026</p> <p><i>April Showers bring May flowers!</i></p> 			<p>1</p> <p>Juice Your Joints 9:00 AM Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM</p> <p>Celebrating PASSOVER <i>thru April 9th</i></p>	<p>2</p> <p>Bible Study 9:30-12 (Ballroom) Rummikub 1:00 PM Blood Drive 3 - 5 PM Adult Pickleball 6:30 PM</p>	<p>3</p> <p>Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Water Volleyball 1-3 PM</p>	<p>4</p> <p>Adult Pickleball 8:30 AM Easter Egg Hunt 3:00 PM</p> 
<p>5</p> 	<p>6</p> <p>Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM</p>	<p>7</p> <p>Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM</p>	<p>8</p> <p>Juice Your Joints 9:00 AM Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM</p>	<p>9</p> <p>Bible Study 9:30-12 (Ballroom) Rummikub 1:00 PM Adult Pickleball 6:30 PM</p>	<p>10</p> <p>Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Water Volleyball 1-3 PM</p> <p>BINGO 7:00 PM</p>	<p>11</p> <p>Adult Pickleball 8:30 AM Sports Day 11 AM - 2 PM</p> <p><i>Come out and play!</i></p>
<p>12</p>	<p>13</p> <p>Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM</p>	<p>14</p> <p>Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM</p>	<p>15</p> <p>Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM Fairway Villas BOD Meeting 7:00 PM</p>	<p>16</p> <p>Bible Study 9:30-12 (Ballroom) Rummikub 1:00 PM Adult Pickleball 6:30 PM</p>	<p>17</p> <p>Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Water Volleyball 1-3 PM</p>	<p>18</p> <p>Adult Pickleball 8:30 AM Private Event</p>
<p>19</p> 	<p>20</p> <p>Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM</p>	<p>21</p> <p>Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM The Reserve BOD Meeting 7:00 PM</p>	<p>22</p> <p>Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM Fairway Homes BOD Meeting 7:00 PM</p>	<p>23</p> <p>Bible Study 9:30-12 (Ballroom) Rummikub 1:00 PM Adult Pickleball 6:30 PM</p> <p>BINGO 7:00 PM</p>	<p>24</p> <p>Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Water Volleyball 1-3 PM</p>	<p>25</p> <p>Adult Pickleball 8:30 AM</p>
<p>26</p>	<p>27</p> <p>Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM</p>	<p>28</p> <p>Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM</p>	<p>29</p> <p>Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM</p>	<p>30</p> <p>Bible Study 9:30-12 (Ballroom) Rummikub 1:00 PM Adult Pickleball 6:30 PM</p>		

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