



January 2026 • Serving the community of Meadow Oaks

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## From the Meadow Oaks Board of Directors

Happy New Year to all our neighbors. We wish you health and happiness in the year ahead. We also welcome our new residents from Castle Oaks as part of our community.

Several projects were completed this month. The MOMA office now has a landline; the phone number is 727-856-6426. As you know, the office is not staffed on a regular basis, so if you call, please leave a message and a board member will return your call.

We installed a new flagpole with a light at the top in front of the clubhouse. This pole is easier to operate. In addition, eight streetlights have been installed on Maxfli coming in from Hudson Avenue, with a total of fourteen planned.

The MOMA annual meeting will be held in March. Three board positions are up for election, and one current board member is not running for re-election. If you are interested in serving on the board, please contact John Crouse, President, for information on how to proceed.

If you see a problem around the community, there are several things you can do. If the situation seems dangerous, don't take chances, call 911 immediately. For non-emergency situations call 727-847-8102, option 7. This will get you to dispatch.

This number is operated 24/7. You might need to let it ring for a while.

To report a pothole, call 727-847-2411. This is the Pasco County main number. The

## Note from the MOET Team

*Hi Meadow Oaks Community!*

Are you looking for a way to get more involved in our wonderful community? Do you have fantastic ideas for events or need a helping hand to organize one? If so, we would love to see you at a MOET meeting! The Meadow Oaks Events Team (MOET) is a volunteer group dedicated to planning and hosting events for our community. Our meetings are held on the first Wednesday of every month at 6:15 PM in the clubhouse.



We want to express our heartfelt thanks to everyone who steps up to host our events and to all the amazing volunteers who help make these gatherings special. Your efforts truly bring our community together

and create unforgettable memories. A special thanks to Bill, our 50/50 MAN.

**Looking back on 2025:**

- Italian Night
- Mardi Gras
- Easter Egg Hunt
- Cinco de Mayo
- Oktoberfest with The Oaks Tavern
- Halloween Party
- Wine and Appetizers
- Christmas Cart Parade on the Golf Course and Street Parade
- Breakfast with Santa
- New Year's Eve Celebration
- Bingo nights twice a month

We hope to see you at our next meeting and look forward to your participation in making our events extraordinary.

Thank you from the team: Alice, Brenda, Janet, Lu, Raquel, Stan and Tonia.

You can reach us at moeteam001@gmail.com, provide your contact information and we can call you.



*Wishing all our residents  
a year of good  
health, lots of  
laughs and  
peace throughout  
the new year.*

operator will direct you to the correct person or take your report. You can also use the MyPasco app.

To report a street light outage, call Withlacoochee River Electric at 727-868-9465. You will need to report the address

and the number located on the light pole.

MOMA board members' and village presidents' phone numbers can be found in The Wind. Please do not use social media to contact board members. The Meadow Oaks landline number is

## ✓ Mark Your Calendars for These Upcoming Events & Meetings

### January

- Friday, January 9, **Bingo** 7 p.m.
- Saturday, January 10, **Tavern Oaks Italian Feast** 4:00 p.m. - 6:30 p.m.
- Wednesday, January 14, **Fairway Homes Annual Meeting** 6:15 p.m.
- Tuesday, January 20, **Greenside Village Annual Meeting** 6:00 p.m.
- Wednesday, January 21, **Fairway Villas HOA Board Meeting** 6:30 p.m.
- Thursday, January 22, **Bingo** 7 p.m.
- Friday, January 23, **Tavern Oaks Fish Fry** 4:00 p.m. - 6:30 p.m.
- Monday, January 26, **Sugar Creek Entrance Association Annual Meeting** 7:00 p.m.

### February

- Friday, Feb 13th, **Bingo** 7 p.m.
- Thursday Feb 26, **Bingo** 7 p.m.

*Photos inside this issue highlight our holiday events!*

727-856-6426. You can find general Meadow Oaks Master Association governing information on the website at <https://meadowoaksmasterassociation.com>.

Thank you for being great neighbors in a great community.

## MOMA Board of Directors

John Crouse - President

612-961-8479

Joe James - Vice President

727-480-4172

Chris Brenner - Treasurer

813-416-7144

Julie Toske - Secretary

715-579-3116

Dena Peterson - Director

515-451-5077

### Village Presidents

Castle Oaks

Tatiana Pagan 813-393-5791

Cypress Run

John Crouse 612-961-8479

Fairway Homes

Rick Hess 727-243-6677

Fairway Village

Edward Kuss 716-387-2989

Fairway Villas

Jonathan Kessell 727-389-6747

Greenside Village

Terri Best 815-762-1406

Lakeside Village

Jerry Boyce 727-235-1190

The Reserve

Larry Schrieffer 773-392-5493

Woodview Village

Kevin Smith 727-859-5590

## Clubhouse & Related Info

### SCHEDULING MEETINGS

To schedule a meeting at the clubhouse, please **send** an email to [meadowoaksbod@gmail.com](mailto:meadowoaksbod@gmail.com). A MOMA representative will get back with you to set the date.

### RENTING THE CLUBHOUSE

If you are interested in renting the clubhouse, send an email to: [meadowclubhouse@gmail.com](mailto:meadowclubhouse@gmail.com) as soon as you know your date so that it can be reserved for you and added to the community calendar. The rental fee is \$150, payable by check or money order to MOMA. There is also a \$500 refundable cleanup deposit required. The clubhouse can only be used for personal use of Meadow Oaks residents.

### A NOTE FROM THE WIND EDITORS

The Wind editors would like to thank everyone for their monthly submissions. While they help to advertise events happening within Meadow Oaks, they also provide valuable information and cohesiveness in the community.

As a reminder, **all submissions are due by the 15th** of the month and should be sent to [thewindmo@gmail.com](mailto:thewindmo@gmail.com) to ensure that proofing and printing deadlines can be met.

### KEY FOB INFORMATION

Key fobs are needed to access the entrance to the clubhouse, pool, and tennis courts. If you are new to the Meadow Oaks Community, at the time of your appointment you will receive general information about the community and a tour of the recreation areas. If you would like a fob to use the community amenities, please send an email to:

[meadowoaksfob@gmail.com](mailto:meadowoaksfob@gmail.com)

Please do not give your fob to the people you sold your home to. If you are a new homeowner and received your fob this way, please report it so that we can get the correct information attached to the fob.

If you lose your fob, or find a fob, please report it to the above email address. If your fob is lost or damaged, you may get a new one for \$25.

## Christmas Cart Parade

This year we had the golf course parade (20) and the street parade(7). Thanks to all that participated and came out to enjoy the parade and festivities. First Place went to Janet. Second Place was a tie between Lu and Vicky and Fourth Place was the Monteleone family. It was very hard to choose, so many great carts. Thank you to Meadow Oaks Golf Course and The Oak Tavern for helping make this special. *More photos on next page.-*



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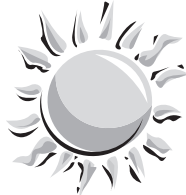
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on next page*

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 fun next year!*



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 but once a year."  
 — Thomas Tusser —  
 One more photo  
 on next page*

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## Simple Ways to Add Fiber to Your Diet

A healthy diet includes a mix of various vitamins, minerals and nutrients. In fact, those seeking to eat healthy may sometimes be overwhelmed by medical advice recommending an array of items so wide it can seem difficult to squeeze everything in without eating too much food. Thankfully, there are many simple ways to get enough of what you need, and that includes fiber.



The Mayo Clinic notes that a high-fiber diet supports a healthy body in various ways. A high fiber diet can reduce risk for constipation, help people maintain low cholesterol levels, promote bowel health, and slow the absorption of sugar, which can improve blood sugar levels in people with diabetes. With so much to gain from including fiber in your diet, the following are some strategies to do just that.

- **Begin the day with fiber.** One of the most effective ways to eat enough fiber is to choose the right breakfast cereal. Many breakfast cereals contain ample amounts of fiber, and the Mayo Clinic advises looking for one that contains five grams or more of fiber per serving. Though this is not always the case, and shoppers are urged to read nutrition labels before purchasing a new cereal, products that contain the descriptors whole grain, bran or fiber in the name tend to feature ample amounts of fiber.

- **Supplement your cereal.** Another simple way to start the day with fiber is to add berries or sliced bananas to your cereal bowl. Blueberries (roughly four grams per cup) and strawberries (about three grams per cup) are high in fiber and also can up the flavor profile of your morning cereal. The USDA National Database for Standard Reference indicates a medium-sized banana contains roughly three grams of fiber, making any of these, or a combination of them, great additions to a cereal bowl.

- **Replace white bread with wheat bread and traditional pasta with whole grain alternatives.** Verywell Health notes that wheat bread is generally considered healthier than white bread due in part to its higher fiber content. The same dynamic plays out with whole grain pasta compared to traditional pasta. Traditional pasta is made from refined flour that has the bran removed during processing, whereas the fiber-rich bran is not removed when making

whole grain pasta. It can take some getting used to, but opting for whole grain pasta and wheat bread over more traditional but less nutritious alternatives can be a great way to include more fiber in your diet.

- **Eat healthier snacks.** Nacho lovers might be surprised to learn that tweaking their nachos recipe can be another way to eat more

*Fiber continued on page 10*

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## Breakfast with Santa was Super Duper



Breakfast with Santa was a big success. We had a lot of excited children who were eager to see Santa. They enjoyed a wonderful breakfast, played games to win prizes, and received a special gift from Santa. We had more children this year than last year and we hope that more will come out next year. We really enjoy putting this on for the little ones and they have a lot of fun. Thank you to all the volunteers that came out to help decorate, set up, and clean up for this event. Because of you, this event was a success. Thank you to all the parents and grandparents for bringing your little ones to have breakfast with Santa. Santa really enjoyed visiting with them. See you next year.



## Ongoing Weekly Activities

- **JUICE YOUR JOINTS, Monday, Wednesday and Fridays 9-10 AM.** Workout with Leslie Sansone video. This is a low to moderate intensity workout with no floor exercise.
- **YOGA with Cindy Monastar, Mondays 10-11 AM.** Sponsor: Gelsa Staley text to 727-597-0573.
- **YOGA with Lori Ann Lynde, Wednesdays 5-6 PM.** Sponsor: Gail Swiderski text to 727-204-5506.
- **SEW CRAFTY, Wednesdays 6:15 PM.** Sponsor: Mary Maloney text to 708 642-4405
- **ADULT WATER VOLLEYBALL, Wednesdays and Fridays 1-3 PM.** Group communication is through TEAM REACH app. Please download the app and sign up with code: movolleyball. Sponsor: Gina Muster.
- **"HAND AND FOOT" CARDS, Mondays 6:30 PM.** Sponsor: funnybunnie70@yahoo.com
- **LADIES GOLF LEAGUE, Tuesdays 8 AM.** Sponsors: Judy Collier 810-441-8685 or Annette Gee 727-808-8844.
- **DEALER'S CHOICE POKER, Tuesdays 6-8:30 PM** Quarter Ante. Sponsor: P.J. O'Connor 727-457-2772.
- **ADULT PICKLEBALL, Tuesdays and Thursdays, 6:30 PM and Saturday 7:30 AM (All Levels)** Sponsor: Lu Brown 727-514-1099.
- **DOMINOS, Tuesdays 1 PM.** No Sponsor.
- **RUMMIKUB, Thursdays 1 PM.** No Sponsor.
- **TEXAS HOLDEM, Fridays 1-4 PM.** No Sponsor.



## THE OAKS TAVERN

### The Oaks Tavern News:

The Oaks Tavern is pleased to present two dinner options for January - Italian Feast \$15 pp on January 10, 2026 4:00 pm - 6:30 pm. The deadline for pre-sale tickets is January 7, 2026.

### Choose one of the following:

Piece of Lasagna or Spaghetti & Meatballs w/red sauce with dinner salad/house dressing, dinner roll and Coffee, tea or Soda. Italian inspired desserts for purchase. Tickets purchased after deadline and walk-ins \$17.00 pp.

Fish Fry \$15 pp on January 23, 2026 4:00 pm - 6:30 pm. Deadline for pre-sale tickets is January 20, 2026. Batter dipped cod, French fries, Coleslaw and Coffee, tea or soda included. Desserts can be purchased. Reserved seating is required for this event so we can better serve you. Reservations will begin at 4:00 with the last reservation at 6:30 pm. Tickets purchased after deadline and walk-ins \$17.00 pp.

For Reservations drop by the restaurant or call 727-856-2878, 2. The Oaks Tavern (Restaurant at golf course): Extended Hours: 7 days a week serving food from 6:30 am to 4:30 pm and with the bar remaining open until 6:00 pm.

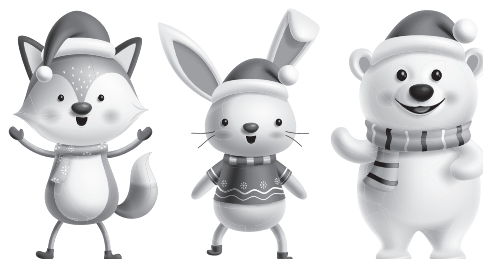
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*More Photos on next page*



## Zesty Wings Make a Perfect Playoff Party Palate Pleaser

Football fans know there's nothing quite like the playoffs. Whether your passion rests with college football or the action on the professional gridiron, there's plenty of exciting football to watch in the early weeks of winter.

Game watch parties are wildly popular. Indeed, big games are even more enjoyable when watched alongside fellow fans. When hosting a game watch party at home, certain culinary staples, including chicken wings, need to make an appearance. Fans hosting parties this playoff season can ensure guests get what they need by offering up these "Zesty Chicken Wings" from Lines+Angles.

### **Zesty Chicken Wings**

**Makes 4 servings**

**For the marinade:**

- 1 tablespoon olive oil
- 1 small white onion, finely chopped
- 2 cloves of garlic, finely chopped
- 1/2 cup fresh cilantro, finely chopped
- 2 tablespoons fresh lemon zest
- 2 tablespoons fresh lemon juice
- 2 cups Barbecue sauce (your favorite)
- 1/4 cup sherry vinegar
- 1 teaspoon turmeric

**For the chicken wings:**

- 1 1/2 pounds chicken wings
- Salt, to taste
- Freshly ground black pepper, to taste
- 1 tablespoon oil, for the grill

1. Combine all of the ingredients for the marinade in a food processor. Pulse until blended well.

2. Rinse chicken wings under cold running water and pat dry with paper towels. Season with salt and pepper.

3. Place the marinade and chicken wings into a large resealable plastic storage bag. Seal the bag securely. Squeeze the bag several times coating the chicken wings thoroughly with marinade. Place the bag in the refrigerator and marinate overnight.

4. Prepare the grill for direct grilling. Brush the grill grate lightly with oil. Barbecue the wings over medium hot coals or at medium high-heat for 5-7 minutes on each side (turning once, halfway through) until they are cooked through and golden brown.

5. Serve with your favorite dipping sauce (optional).

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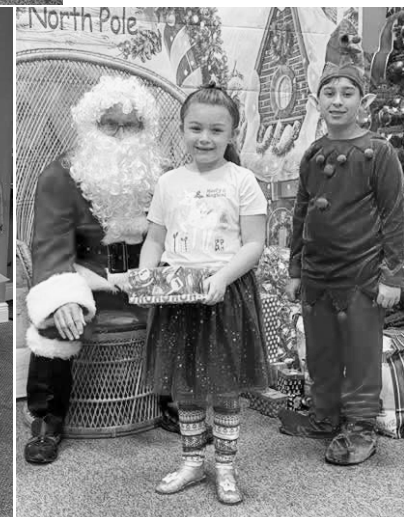
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## Thanks to Our Readers:

Just a note to thank our readers for patronizing the businesses in this publication and letting them know you saw their ad in *The Wind*. The advertisers in this issue make this free magazine possible to every resident in Meadow Oaks.

*Thanks again — Your friends at Sieber Graphics*





**THANKS,  
VOLUNTEERS!**

*More Photos on next page*



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## *Fiber* continued

fiber. When making nachos for the big game, prepare them using whole-grain tortilla chips, legumes like black beans or red beans, and fresh vegetables like diced bell peppers. Another way to eat more fiber when snacking is to reach for whole-grain crackers, dried fruits without added sugar or a small amount of nuts in lieu of processed snacks like traditional potato chips.

Fiber is a key component of a healthy diet, and there are many simple and flavorful ways to eat more of it each day.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Adult Pickleball 8:00 AM
						
4	5 Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM	6 Ladies Golf League 8 AM Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM	7 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM <b>MOET Meeting 6:15 PM</b>	8 Rummikub 1:00 PM Adult Pickleball 6:30 PM	9 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM  7:00 PM	10 Adult Pickleball 8:00 AM Tavern Oaks Italial Feast 4:00-6:30 PM
11 	12 Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM	13 Ladies Golf League 8 AM Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM	14 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM <b>Fairway Homes Annual Meeting 6:15 PM</b>	15 Rummikub 1:00 PM Adult Pickleball 6:30 PM	16 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM	17 Adult Pickleball 8:00 AM
18	19 Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM  	20 Ladies Golf League 8 AM Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM <b>Greenside Village Annual Meeting 6:00 PM</b> Adult Pickleball 6:30 PM	21 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM <b>Fairway Villas HOA Board Meeting 6:30 PM</b>	22 Rummikub 1:00 PM Adult Pickleball 6:30 PM  7:00 PM	23 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM Tavern Oaks Fish Fry 4:00-6:30 PM	24 Adult Pickleball 8:00 AM 
25 	26 Juice Your Joints 9:00 AM YOGA 10:00 AM "Hand & Foot" Cards 6:30 PM <b>Sugar Creek Entrance Association Annual Meeting 7:00 PM</b>	27 Ladies Golf League 8 AM Dominoes 1:00 PM Dealer's Choice Poker 6-8:30 PM Adult Pickleball 6:30 PM	28 Juice Your Joints 9:00 AM Adult Water Volleyball 1-3 PM YOGA 5:00 PM Sew Crafty 6:15 PM	29 Rummikub 1:00 PM Adult Pickleball 6:30 PM	30 Juice Your Joints 9:00 AM Texas Holdem 1-4 PM Adult Water Volleyball 1-3 PM	31 Adult Pickleball 8:00 AM

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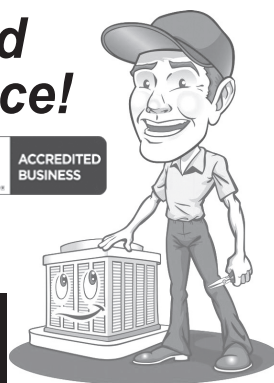
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